

Respiratory Hospital-to-Home Discharge Guide

Our mission is to give post-acute providers the resources they need to manage complex respiratory populations. We hope this short guide is helpful during the discharge of an individual recovering from a COPD exacerbation or pneumonia.



**New Jersey
Respiratory Associates**



Discharge Guide

The following information is required to set-up a Bi/C-PAP or tracheostomy resident with the necessary machines and supplies. NJRA's team of therapists and technicians are available 24/7 to answer any questions.

BiPAP/CPAP Information

BiPAP/CPAP Settings:

IPAP: _____
EPAP: _____
Rate: _____ (if applicable)
Oxygen: _____
Mask: _____ (Nasal Mask, Full-Face Mask)

Tracheostomy Information

Tracheostomy Settings:

Size: _____
Type: _____ (Shiley or Portex)
Cuffed: _____ (Yes/No)
Oxygen: _____
Capped: _____ (Yes/No)

Homecare providers should deliver to following items if the resident qualifies under their insurers guidelines:

Oxygen Therapy

DME: Oxygen Concentrator (5 or 10 Liter) and Back-up E-tank.

Supplies: Nasal Cannula/Oxygen Mask and Humidifier Jar.

BiPAP & CPAP

DME: BiPAP/CPAP Machine.

Supplies: Mask (Nasal, Full-face, Nasal Pillows), BiPAP Tubing, Oxygen Straight Connector, and Oxygen Tubing.

Tracheostomy

DME: Suction Machine and 50 PSI Compressor.

Supplies: Tracheostomy Tube, Disposable Inner Cannula, Speaking Valve, Tracheostomy Tube Holder, Drain Sponge, Tracheostomy Mask, Oxygen Tubing, Oxygen Straight Connector, Large Volume Nebulizer Bottle, 6' Corrogated Tubing, Venturi Mask, Suction Catheter Kit, Suction Canister, Suction Connecting Tube, and Tracheostomy Care Kit.

Oxygen Conversion Table

25% FiO₂ = 1 LPM

29% FiO₂ = 2 LPM

33% FiO₂ = 3 LPM

37% FiO₂ = 4 LPM

41% FiO₂ = 5 LPM

45% FiO₂ = 6 LPM

50% FiO₂ = 7 LPM